YOGA CLASSES SCHEDULE

YogaYatra Studio - Govert Flinckstraat 137-hs, 1072 EH, Amsterdam-De Pijp

Vinyasa Yoga **BASICS - Beginners & Intermediate**
Vinyasa Yoga **ADVANCED - Intermediate & Advanced**
Vinyasa Yoga **OPEN - All Levels**
RESTORATIVE Yoga **- All Levels**

	MORNING	MIDDAY	AFTERNOON	EVENING
MONDAY	**10-11.30h** **OPEN**	*Private Yoga*		**18-19.30h** **ADVANCED** **20-21.30h** **BASICS**
TUESDAY	*Private Yoga*	*Private Yoga*	*Private Yoga*	**18-19.30h** **BASICS**
WEDNESDAY	**10-11.30h** **BASICS**	*Private Yoga*		**18-19.30h** **BASICS** **20-21.30h** **ADVANCED**
THURSDAY	*Private Yoga*	*Private Yoga*	*Private Yoga*	**18-19.30h** **RESTORATIVE**
FRIDAY	**10-11.30h** **OPEN**	*Private Yoga*	*Private Yoga*	
SATURDAY	**10-11.30h** **ADVANCED**	**12-13.30h** **BASICS**	*Private Yoga* */* *Workshop*	
SUNDAY	*Workshop*	*Workshop*	*Workshop*	

You can also book Corine for **Private Yoga** sessions, see schedule for possible timings!

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